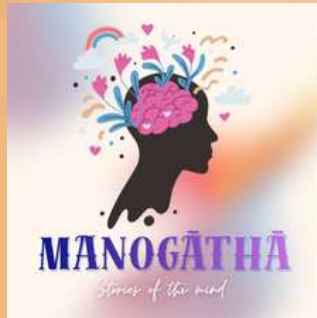
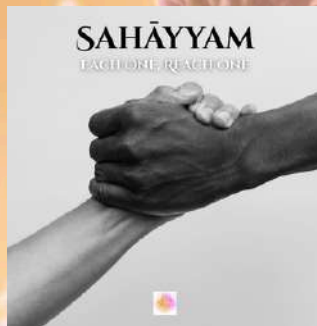


ADWITIYA



This is a wonderful initiative which feels like a friend who is beside you during hard times in your life. The social work organised by the foundation is truly commendable and brings joy to so many people who truly need it.

DEBJANI RAY



PREP FOR FY 2026-27

As we wrap up the final quarter, we're gearing up for the year ahead with a renewed sense of depth and purpose—grounded in our values while expanding into new horizons through a range of exciting initiatives. Stay tuned for what's coming next.

- Unhealed yet moving
- Compassion Fatigue
- Hungry for Love
- Begging to Belong
- Music Heals
- The weight we don't take about
- The Loneliness Epidemic
- The Validation Trap

POCSO AND POSH



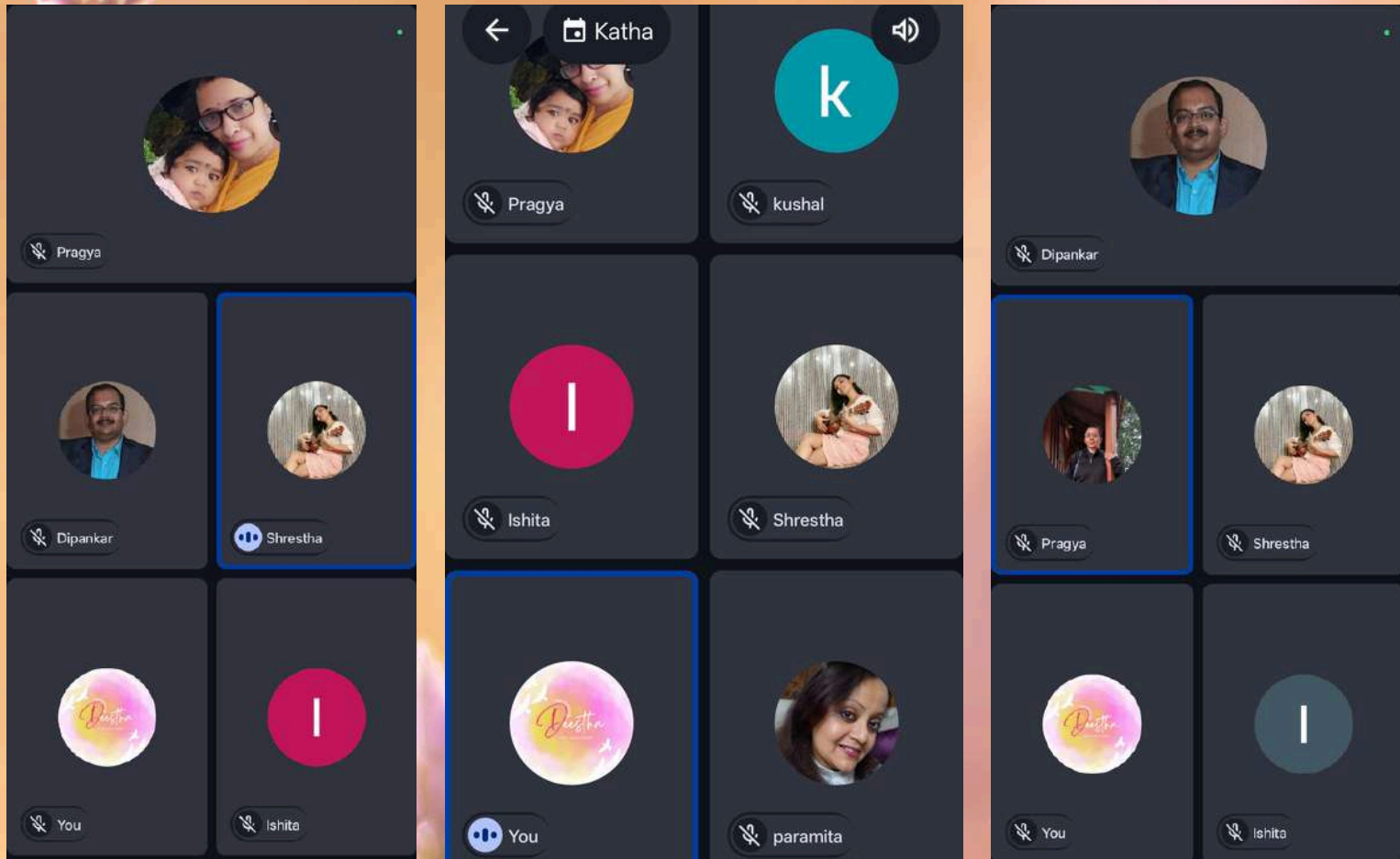
A school in North Kolkata recently conducted an awareness session on POCSO (Protection of Children from Sexual Offences Act) and POSH (Prevention of Sexual Harassment at Workplace Act) for its teaching and support staff. The session focused on building a safe, respectful, and legally compliant school environment for children and employees alike.

Through interactive discussions and practical examples, participants gained clarity on professional boundaries, early indicators of concern, mandatory reporting responsibilities, and the importance of dignity at the workplace. The session emphasized that safety is built not through fear, but through awareness, clarity, and shared responsibility.

Such initiatives reaffirm the school's commitment to child protection, employee well-being, and a culture of trust and accountability.

PROJECT KATHA

Digital Detox



The following books were discussed during the last quarter:

- Karma: Sadhguru
- Whereabouts- Jhumpa Lahiri
- Nuremberg
- Ghost Eye- Amitav Ghosh
- Ajanito- Ashapurna Debi
- Hey Tathagata : Himadri Kishore Dasgupta
- Write me a love story : Ravinder Singh
- Boudhya Dharma o Samaj- Shanti Kusum Dasgupta
- Sesh Chinho - Himadri Kishore Dasgupta
- Amritapantha : Chanchal Kumar Ghosh
- Uncle Fred flits by - PG woodehouse
- Anu shonge Ratnaboli + Anuttama and Ratnaboli
- Kolonkito Buddha- Himadri Kishore Dasgupta

PROJECT KATHA

The Human Library



Following the goal of fostering human relationships, we continued our phase 2 of this project. Members here joined to discuss not only their concerns, but memories, life lessons and every experience which brought the family together.

SAHA 2025/26



SAHA 2026 marked a special milestone for Deestha Foundation as we celebrated five years of healing, connection, and collective growth. Held in a vibrant, glamorous setting, the Annual Meet brought together our members, partners, and well-wishers for a day filled with performances, conversations, creativity, and purpose.

From inspiring stories and soulful performances to the overwhelming response to Project Shree and our outreach initiatives, SAHA 2026 was a beautiful reminder of what we can create when hearts come together for a cause. More than just an event, it was a celebration of resilience, compassion, and the power of community.

We move ahead with renewed hope, gratitude, and commitment to continue this journey of healing—together.

TEJASWINI



This Acid Attack Awareness Month, Deestha Foundation took a step beyond words and into action.

During our Annual Meet, in association with Sun Grace Force Foundation, we had the honour of inviting five acid attack survivors to join us. These incredible women are not victims – they are warriors of resilience, courage, and unshaken dignity.

As part of our commitment to standing beside them in tangible ways, we contributed essential grocery items and daily necessities to support them in their immediate needs. While the contribution may seem small, the intention behind it was immense – to remind them that they are seen, valued, and never alone.

True awareness is not only about sharing stories; it is about showing up, extending support, and building a community that restores dignity.

This initiative reflects our belief that healing begins when society chooses compassion over silence and empowerment over pity.

We remain committed to creating spaces of strength, solidarity, and sustained support.

PROJECT SHREE



From waste to wonder, from scraps to stories – *Project Shree* truly stole hearts at our SAHA Annual Meet

Every creation you saw was handcrafted using discarded materials from around us, transformed into meaningful, beautiful products with love, purpose, and sustainability at its core.

The response was overwhelming. The love was real. The support was magical.

And yes – many of our creations found new homes too!

This is just the beginning. We look forward to creating many more stories from waste, with heart and hope.

Because sustainability isn't a trend – it's a responsibility.

VIHARA



A day away from the noise, filled with laughter, bonding, music, nature, and countless memories that reminded us why togetherness is our greatest strength.

Here's to moments that became memories and a family that keeps growing stronger every year.

BASANTA MILAP



Celebrated Basanta Milap on International Women's Day with history, curiosity, and spirituality. Visiting the home of Netaji Subhas Chandra Bose, exploring Birla Industrial & Technological Museum, and ending the day with blessings at Birla Mandir. A day full of joy, bonding, and beautiful memories.