



Internal and Restricted © Deestha Foundation

Project Chaaya

AN INITIATIVE OF DEESTHA FOUNDATION



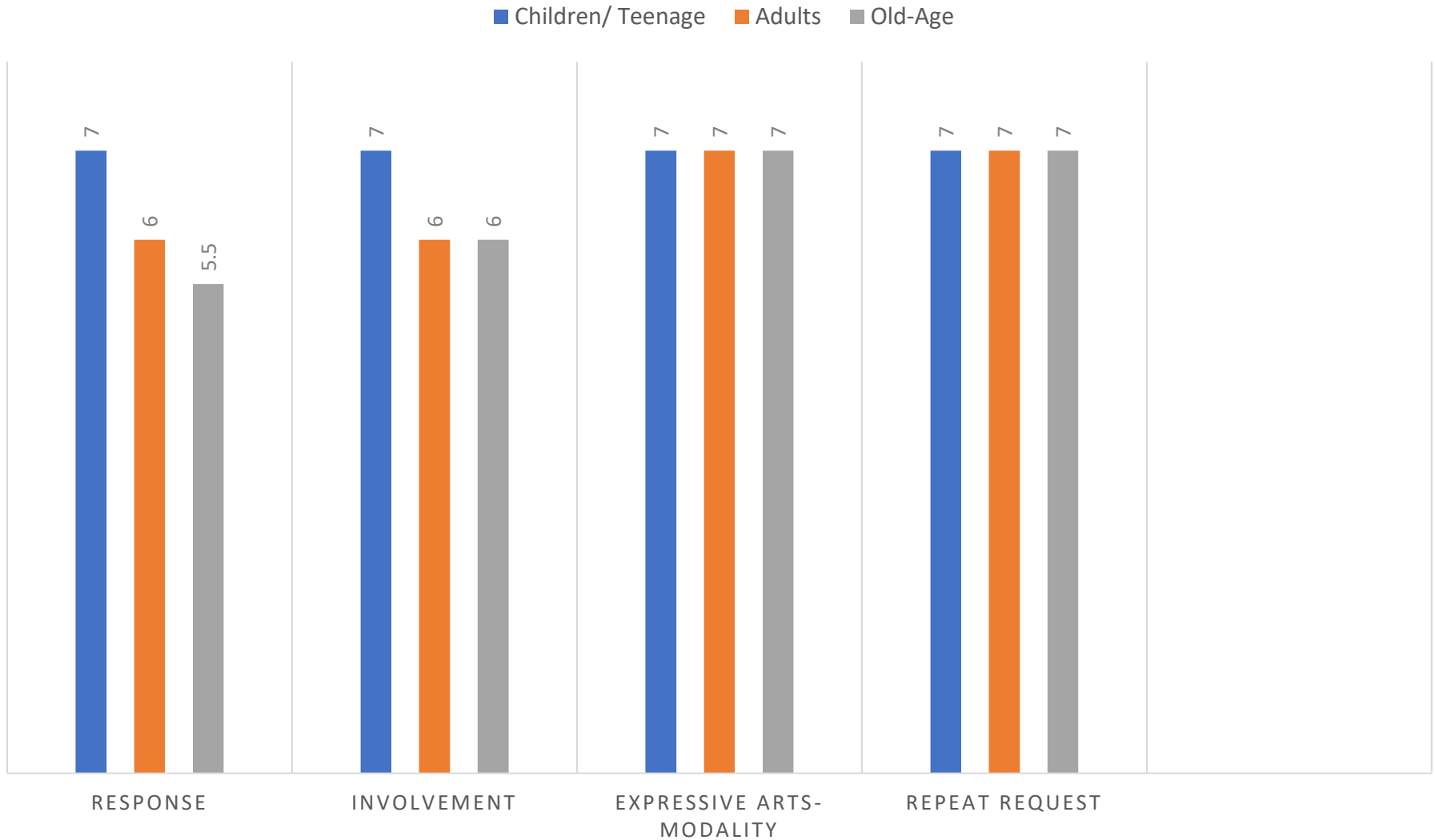
# The Inception

In 2023, we launched Project Sparsh focusing on touching someone's life and making a positive change. This change could be emotional state, physical situation or much more. Such a positive change can be achieved through influence, or at times showing up in someone's life when they needed the help most. This involved visiting different places like hospice, orphanage, old age homes, rural areas etc. and spending quality time with them along with therapeutic activities and help reinforce the trust and power vested in us.

Throughout the year, we had worked with Cancer patients, Old Age home, Queer community, Tribal Kids, School children, Visually disabled and intellectually challenged students, Corporate, Montessori students, Alzheimer's and Dementia Patients and Homeless and Psychologically challenged women.



# The Findings





# Project Chaaya

Looking at the response of Sparsh, in the FY 2024-25, we are launching Project Chaaya.

While connecting with various communities we found one common ground that almost everyone need therapeutic interventions, however financially it might be difficult to continue over a long period of time.

Project Chaaya addresses this concern by providing weekly or monthly therapeutic activities to various groups at a subsidized rate.

Based on the audience type, monthly calendar will be prepared which will have a complete layout of the type of activities and hours of intervention. Apart from group sessions, one to one connect can be included too, if the situation demands it.

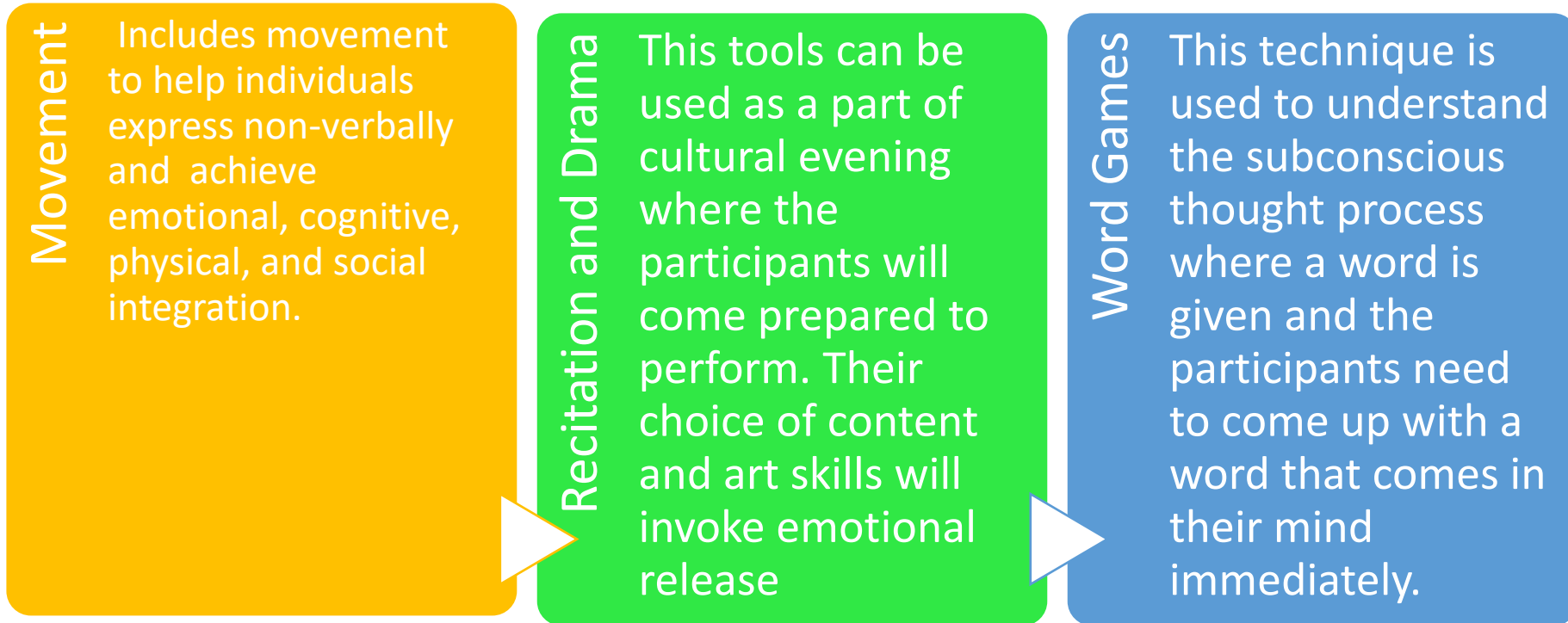
Quarterly progress report will also be shared measuring the effectiveness of the sessions.



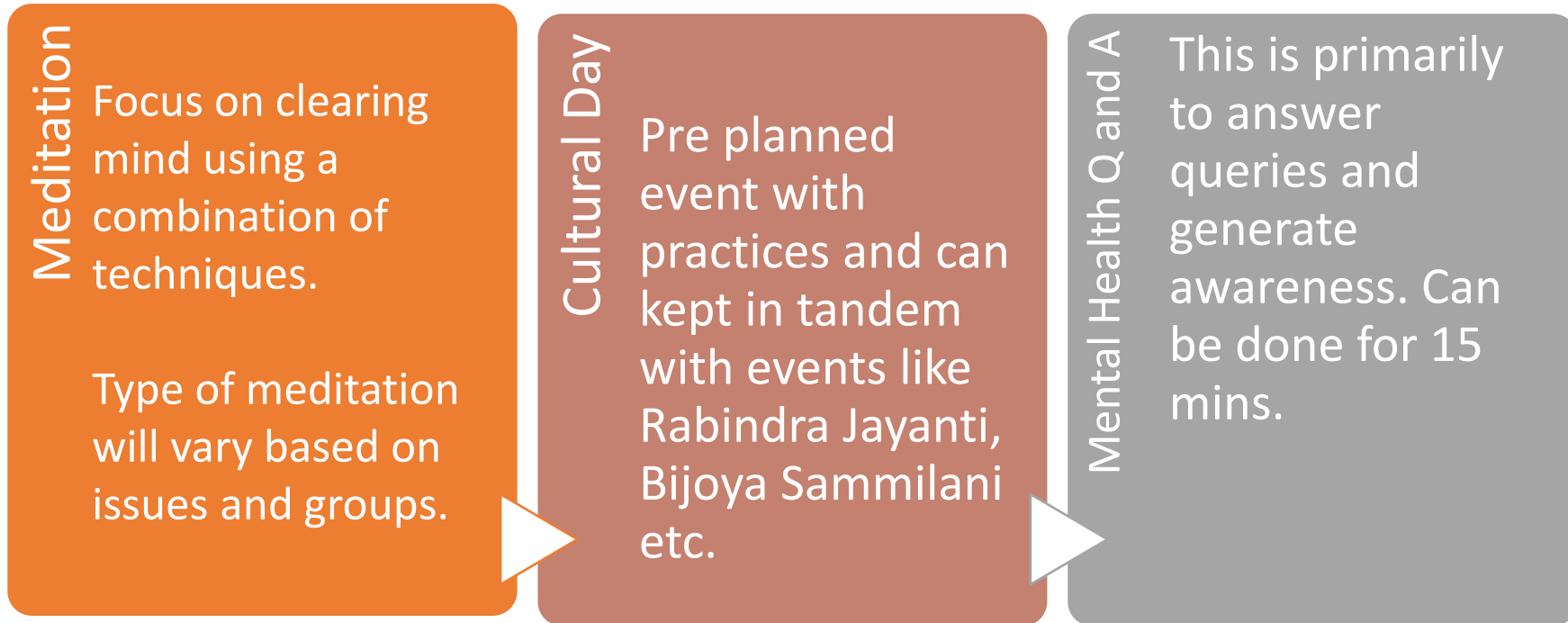
# Types of Activities



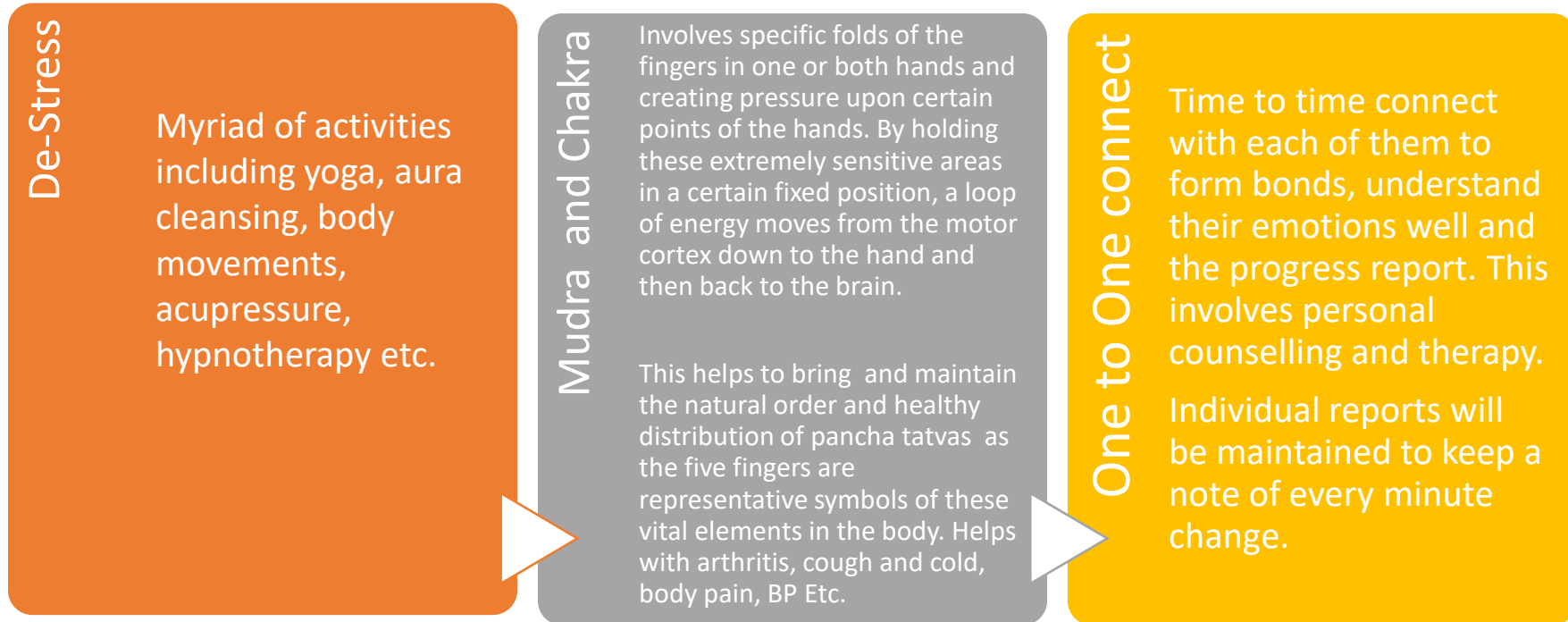
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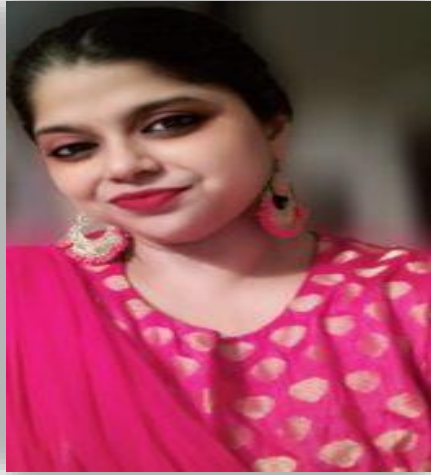
# Types of Activities– For members/ staffs/ family caregivers/ teachers







# Vahni



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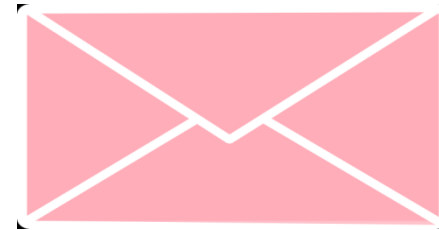
# Get In Touch!



[www.deesthafoundation.in](http://www.deesthafoundation.in)



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# Whom did we work with





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